



Pharmacy Grand Rounds

200 First Street SW
Rochester, Minnesota 55905
<https://ce.mayo.edu/pharmacy-grandrounds2021>

Slowing the Dash to NASH: Current and Future Management Strategies

Session Date: 10/17/2023

Session Time: 11:00 – 11:45 AM (CST)

Target Audience

This continuing education (CE) session was planned to meet the needs of professional staff who deal with the selection and monitoring of medication(s) as part of their patient care duties, including pharmacists, RNs, APRNs, PAs, MDs.

Activity Overview

Nonalcoholic steatohepatitis (NASH) prevalence is predicted to increase by 56% in the United States by 2030. With more than 20% of patients with NASH developing cirrhosis in their lifetime, it has become one of the leading indications for liver transplantation. In the absence of FDA approved medications for NASH, lifestyle modifications and weight loss have yielded the most significant impact on disease regression. However, new therapy options have emerged in recent years that appear to slow the progression of the disease and assist with comorbidity management. This presentation will explore recent evidence for the utility of antidiabetic agents in NASH treatment and discuss novel therapies that are being investigated for FDA approval.

Learning Objectives

At the conclusion of this knowledge-based CE session, participants should be able to:

1. Describe the epidemiology and pathophysiology of nonalcoholic steatohepatitis (NASH).
2. Discuss primary literature evaluating the use of antidiabetic agents in the treatment of NASH.
3. Identify investigative therapies and their potential application for patients with NASH.

Faculty Information

Jake Noble, PharmD
PGY1 Pharmacy Resident
Mayo Clinic Hospital - Rochester, MN

Jake received a Doctor of Pharmacy degree from University of Minnesota College of Pharmacy and is a current PGY1 pharmacy resident at Mayo Clinic Hospital – Rochester. His practice interests include oncology, population health, and transitions of care.



Approved Provider Statement



JOINT ACCREDITATION™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity is planned and implemented by Mayo Clinic College of Medicine and Science. Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Statements

AMA

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 0.75 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACPE



ACPE Universal Activity Number (UAN): JA0000238-0000-22-139-L01-P

Mayo Clinic College of Medicine and Science designates this educational activity for a maximum of 0.75 ACPE Knowledge-based contact hours. Participants should claim only the credit commensurate with the extent of their participation in the activity

ANCC

Mayo Clinic College of Medicine and Science designates this activity for a maximum of 0.75 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

AAPA



Mayo Clinic College of Medicine and Science has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 0.75 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Educational Format and CE Requirements

This CE session is available as a live presentation, including live webcast.

Participants must complete the following to record attendance and obtain CE credit:

1. Attend the entire session.
2. Text the session code to 507-200-3010 within 48 hours of the live presentation to record attendance.
 - a. This number is only used for receiving text messages related to tracking attendance
 - b. Employees are encouraged to create a contact in their mobile phone, as the same number is used to record attendance for every session
3. Complete the online evaluation for the respective session within 2 weeks of live presentation.

Pharmacist CE credit is electronically transferred to the National Association of Boards of Pharmacy CPE Monitor. To track CE, please go to [NABP CPE Monitor](#).

Non-pharmacist attendees can print out a record of attendance at ce.mayo.edu after completing the evaluation and claiming credit.

[Live Webcast](#) - access during presentation times

Disclosure Summary

As a provider accredited by Joint Accreditation for Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. All who are in a position to control the content are required to disclose all financial relationships with any ineligible company. Faculty will also identify any off-label and/or investigational use of pharmaceuticals or instruments discussed in their content for FDA compliance.

Listed below are individuals with control of the content of this program:

The faculty report the following relationships:

- Jake Noble, PharmD
 - Declares no financial relationship(s) pertinent to this session.
 - Declares the following off-label use of medications to be discussed during this presentation:
 - Pioglitazone
 - Liraglutide
 - Semaglutide
 - Dapagliflozin
 - Empagliflozin
 - Lanifibranor
 - Obeticholic Acid
 - Resmetirom

Course Director and Planning Committee Members declare no relevant financial relationship(s) pertinent to this session. Members include:

- Jennifer Elmer, DNP, APRN, CCNS
- Andrew Herber, PA-C
- Sarah Jane Kotval, BSW
- Scott Nei, PharmD, BCPS, BCCCP, FCCM, FMSHP
- Wayne Nicholson, MD, PharmD, BCPS
- Garrett Schramm, PharmD, FASHP, FCCP
- Sara Thompson, PharmD, BCACP

All relevant financial relationships have been mitigated.

For additional disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee members visit ce.mayo.edu, About Us, Disclosures - or -

<https://ce.mayo.edu/content/disclosures>

System and Technical Requirements

For participants viewing the webcast, sessions are delivered via Mayo Clinic intranet web browser and Adobe® PDF. For participants viewing outside the Mayo Clinic firewall, a VPN connection is required for remote access. Recommended web browser includes Google Chrome. This session is planned and coordinated by **the Department of Pharmacy, Mayo Clinic.**