

Pharmacy Grand Rounds

200 First Street SW Rochester, Minnesota 55905 https://ce.mayo.edu/pharmacy-grandrounds2023

Celebrating diversity: challenges and strategies to promote pharmacogenomics translation across populations

Session Date: 04/18/2023 Session Time: 11:00 – 11:45 AM (CST)

Target Audience

This continuing education (CE) session was planned to meet the needs of professional staff who deal with the selection and monitoring of medication(s) as part of their patient care duties, including pharmacists, RNs, APRNs, PAs, MDs.

Activity Overview

Within the United States, various health disparities exist for minority populations, including higher prevalence of disease, mortality rates, and poor responses to medications. While many factors contribute to these inequities, genetic variation is thought to explain at least a portion of these differences. Pharmacogenomics, or the study of the impact of genetic variation on drug response, aims to identify these effects to optimize drug therapy and development. Despite recent expansion and growth of the field, the vast majority of genetic studies are conducted in patients of European and Asian descent, further widening the gap of health disparity within precision medicine. This presentation will review the current state of pharmacogenomic variation between populations, identify key clinically relevant areas in which disparity exists for pharmacogenomics, and discuss strategies to improve the utility and translatability of pharmacogenomics for all populations.

Learning Objectives

At the conclusion of this knowledge-based CE session, participants should be able to:

- 1. Recognize current state of inequity across populations for pharmacogenomics testing.
- 2. Assess current literature for specific clinical scenarios in which minority patients are at higher risk for lack of benefit with pharmacogenomics.
- 3. Discuss current and possible future strategies to bridge the gap of inequity within pharmacogenomics.

Faculty Information

Serena Mitaly, PharmD PGY2 Clinical Pharmacogenomics Pharmacy Resident Mayo Clinic Hospital - Rochester, MN

Serena received a Doctor of Pharmacy degree from Western New England College of Pharmacy and Health Sciences and is a current PGY2 Clinical Pharmacogenomics pharmacy resident at Mayo Clinic Hospital – Rochester. Her practice interests include clinical implementation of pharmacogenomics, pharmacogenomics-guided antidepressant optimization, and development of educational programs and resources for pharmacogenomics.



Approved Provider Statement



INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity is planned and implemented by Mayo Clinic College of Medicine and Science. Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Statements

AMA

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 0.75 *AMA PRA Category 1 Credits*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACPE



ACPE Universal Activity Number (UAN): JA0000238-0000-23-007-L01-P Mayo Clinic College of Medicine and Science designates this educational activity for a maximum of 0.75 ACPE Knowledge-based contact hours. Participants should claim only the credit commensurate with the extent of their participation in the activity

ANCC

Mayo Clinic College of Medicine and Science designates this activity for a maximum of 0.75 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.





Mayo Clinic College of Medicine and Science has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 0.75 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Educational Format and CE Requirements

This CE session is available as a live presentation, including live webcast. Participants must complete the following to record attendance and obtain CE credit:

- 1. Attend the entire session.
- 2. Text the session code to 507-200-3010 within 48 hours of the live presentation to record attendance.
 - a. This number is only used for receiving text messages related to tracking attendance
 - b. Employees are encouraged to create a contact in their mobile phone, as the same number is used to record attendance for every session
- 3. Complete the online evaluation for the respective session within 2 weeks of live presentation.

Pharmacist CE credit is electronically transferred to the National Association of Boards of Pharmacy CPE Monitor. To track CE, please go to NABP CPE Monitor.

Non-pharmacist attendees can print out a record of attendance at ce.mayo.edu after completing the evaluation and claiming credit.

Live attendance: Rochester, Saint Mary's Campus, ALF_MN_459 Live virtual attendance via Zoom link

Disclosure Summary

As a provider accredited by Joint Accreditation for Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. All who are in a position to control the content are required to disclose all financial relationships with any ineligible company. Faculty will also identify any off-label and/or investigational use of pharmaceuticals or instruments discussed in their content for FDA compliance.

Listed below are individuals with control of the content of this program:

The faculty report the following relationships:

- Serena Mitaly, PharmD
 - Declares no financial relationship(s) pertinent to this session
 - Declares off-label use of medications will not be discussed during this presentation.

Course Director and Planning Committee Members declare no relevant financial relationship(s) pertinent to this session. Members include:

- Jennifer Elmer, DNP, APRN, CCNS
- Andrew Herber, PA-C
- Sarah Jane Kotval, BSW
- Scott Nei, PharmD, BCPS, BCCCP, FCCM, FMSHP

All relevant financial relationships have been mitigated.

For additional disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee members visit ce.mayo.edu, About Us, Disclosures - or - https://ce.mayo.edu/content/disclosures

System and Technical Requirements

For participants viewing the webcast, sessions are delivered via Mayo Clinic intranet web browser and Adobe® PDF. For participants viewing outside the Mayo Clinic firewall, a VPN connection is required for remote access. Recommended web browser includes Google Chrome. This session is planned and coordinated by **the Department of Pharmacy, Mayo Clinic.**

- Wayne Nicholson, MD, PharmD, BCPS
- Garrett Schramm, PharmD, FASHP, FCCP