



Pharmacy Grand Rounds

200 First Street SW
Rochester, Minnesota 55905
<https://ce.mayo.edu/pharmacy-grandrounds2022>

Opioid Stewardship: A Focus on Opioids at Transitions of Care

Session Date: 04/12/2022

Session Time: 11:00 – 11:45 AM (CST)

Target Audience

This continuing education (CE) session was planned to meet the needs of professional staff who deal with the selection and monitoring of medication(s) as part of their patient care duties, including pharmacists, RNs, APRNs, PAs, MDs.

Activity Overview

The opioid epidemic continues to take the lives of thousands of US citizens. The relationship of opioids across transitions of care in the hospitalized patients create points of increased risk for length of stay as well as new ongoing, chronic use following discharge. The provider in the inpatient setting can identify and intervene for harm reduction outcomes. This presentation will review the literature describing appropriate language surrounding patients with use disorders, risk points for transitions of care, resources to support patient care, and interventions for successful patient interactions and outcomes.

Learning Objectives

At the conclusion of this knowledge-based CE session, participants should be able to:

1. Identify appropriate non-stigmatizing language related to opioids and addiction in the context of patient care discussions
2. Discuss risks for opioid harms related to individual risks at points of transitions of patient care
3. Review interventions for high-risk opioid patients across transitions of care
4. Identify resources in multiple areas of practice to support patient care for opioid use

Faculty Information

Julie L. Cunningham, PharmD, BCPP

Associate Chief Pharmacy Officer - Clinical Practice & Research
Associate Professor - Mayo Clinic College of Medicine & Science
Mayo Clinic Midwest

Julie received a Bachelor of Science degree from the University of Iowa and Doctor of Pharmacy degree from Creighton University. She has a clinical practice with the Rochester Chronic Pain Rehabilitation Program and interests in opioid stewardship, health care equity, and mental health.

M. Zeeshan Rizwan, PharmD, BCPS, BCCCP

Critical Care Pharmacist
Instructor in Pharmacy, Mayo Clinic College of Medicine & Science
Mayo Clinic Hospital - Rochester, MN

Zeeshan received a Doctor of Pharmacy degree from Wayne State University in Detroit, MI. He currently practices as a critical care Pharmacist at Mayo Clinic Hospital – Rochester with practice interests including sedation and analgesia, alcohol withdrawal syndrome management, and infectious disease in critical care.

Christi A. Jen, PharmD, BCPS, FASHP, FAzPA

Clinical Pharmacy Manager

Mayo Clinic Hospital – Phoenix, AZ

Christi received a Doctor of Pharmacy degree from the University of Illinois at Chicago and completed a PGY1 residency at Maricopa Medical Center in Phoenix, AZ. She practiced as an EM Pharmacist for 10+ years prior to transitioning to a Clinical Pharmacy Manager. Dr. Jen's practice interests include emergency medicine, disaster preparedness, advocacy, and preceptor development.

Kristina L. Westcott, PharmD, BCPS

Pharmacist – Communication Center

Mayo Clinic, Rochester, MN

Kristina received a Doctor of Pharmacy degree from Lake Erie College of Medicine in Erie, PA and works in the outpatient pharmacy area at Mayo Clinic. Dr. Westcott's practice interests include diabetes, pain management and pharmacognosy.

Approved Provider Statement



JOINT ACCREDITATION™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity is planned and implemented by Mayo Clinic College of Medicine and Science. Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Statements

AMA

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 0.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACPE



ACPE Universal Activity Number (UAN): JA0000238-0000-22-139-L01-P

Mayo Clinic College of Medicine and Science designates this educational activity for a maximum of 0.75 ACPE Knowledge-based contact hours. Participants should claim only the credit commensurate with the extent of their participation in the activity

ANCC

Mayo Clinic College of Medicine and Science designates this activity for a maximum of 0.75 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

AAPA



Mayo Clinic College of Medicine and Science has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 0.75 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Educational Format and CE Requirements

This CE session is available as a live presentation, including live webcast.

Participants must complete the following to record attendance and obtain CE credit:

1. Attend the entire session.
2. Text the session code to 507-200-3010 within 48 hours of the live presentation to record attendance.
 - a. This number is only used for receiving text messages related to tracking attendance
 - b. Employees are encouraged to create a contact in their mobile phone, as the same number is used to record attendance for every session
3. Complete the online evaluation for the respective session within 2 weeks of live presentation.

Pharmacist CE credit is electronically transferred to the National Association of Boards of Pharmacy CPE Monitor. To track CE, please go to [NABP CPE Monitor](#).

Non-pharmacist attendees can print out a record of attendance at ce.mayo.edu after completing the evaluation and claiming credit.

Live attendance: Rochester, Saint Mary's Campus, ALF_MN_459

Live virtual attendance via [Zoom link](#)

Disclosure Summary

As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science (Mayo Clinic School of CPD) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.

Listed below are individuals with control of the content of this program:

The faculty report the following relationships:

- Julie L. Cunningham, M. Zeeshan Rizwan, Christi A. Jen, and Kristina L. Wescott
 - Declares no financial relationship(s) pertinent to this session
 - Declares off-label use of medications will not be discussed during this presentation

Course Director and Planning Committee Members declare no relevant financial relationship(s) pertinent to this session. Members include:

- Jennifer Elmer, DNP, APRN, CCNS
- Michael Huckabee, MPAS, PA-C, PhD
- Sarah Jane Kotval, BSW
- Wayne Nicholson, MD, PharmD, BCPS
- Garrett Schramm, PharmD, FCCP

For additional disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee members visit ce.mayo.edu, About Us, Disclosures - or -

<https://ce.mayo.edu/content/disclosures>

System and Technical Requirements

For participants viewing the webcast, sessions are delivered via Mayo Clinic intranet web browser and Adobe® PDF. For participants viewing outside the Mayo Clinic firewall, a VPN connection is required for remote access. Recommended web browser includes Google Chrome. This session is planned and coordinated by **the Department of Pharmacy, Mayo Clinic.**