

# Mayo Clinic Talks: Headache Edition - Online CME Course

## Activity Description

This is an initial offering of an online CME course for primary care clinicians consisting of ten Mayo Clinic Talks podcast episodes focusing on the presentation, evaluation, management and treatment of headaches.

## Target Audience

This activity is appropriate for primary care physicians, physician assistants and nurse practitioners.

## Learning Objectives

Upon conclusion of this activity, participants should be able to:

- Describe the various types of headaches commonly seen in the outpatient setting
- List the characteristics of migraine
- Describe the evaluation and important questions to ask patients who present with severe or frequent headaches
- Discuss which symptoms should result in a head imaging study as part of the evaluation of a patient who presents with headaches
- List the “red flag symptoms” that suggest a patient has a headache with a potentially serious cause

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

## Credit Statement(s)

Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 4.75 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Disclosure Summary

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***Listed below are individuals with control of the content of this program who have disclosed...***

### ***Relevant financial relationship(s) with ineligible companies:***

Darryl S. Chutka, M.D.

Stock/Shareholder

Exact Sciences Corp

Fred (Michael) M. Cutrer, M.D

Intellectual Property

Know-How Related to

Development of a Transcutaneous  
Electrical Stimulation Device with  
DJO

	Consultant	BioHaven Pharmaceuticals, Supernis Pharmaceutical Alder
Rashmi B. Halker Singh, M.D.	Advisory Board Consultant	Academic CME, Answers In CME (AiCME), Forefront Collaborative; Impel NeuroPharma, Inc., Medscape from WebMD, Medscape, LLC, Pri-Med Institute, Teva Pharmaceutical Industries Ltd.
Narayan R. Kissoon, M.D.	Consultant	BRIGHT MINDS BIOSCIENCES LTD.
Carrie (Beth) E. Robertson, M.D.	Advisory Board	Alder Biopharmaceuticals, Inc., BioHaven Pharmaceuticals, Impel NeuroPharma, Inc.
	Grant/Research Support Other	Lundbeck, Teva Receive compensation as author of UpToDate
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Juliana H. VanderPluym, M.D.	Consultant	Healint, Teva Branded Pharmaceutical Products R&D, Inc.
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***All relevant financial relationships listed for these individuals have been mitigated.***

***No relevant financial relationship(s) with ineligible companies:***

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Christopher D. Sletten, Ph.D., L.P.  
Mark A. Whealy, M.D.

***References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:***

Juliana H. VanderPluym, M.D.	Ibuprofen, Naproxen, Acetaminophen, Almotriptan, Zolmitriptan, Rizatriptan, Sumatriptan-Naproxen	Multiple manufacturers
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Mark A. Whealy, M.D.

Metoclopramide,  
Prochlorperazine, Droperidol,  
Ketorolac, Chlorpromazine,  
Haloperidol

Multiple manufacturers

For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) please visit: <https://ce.mayo.edu/content/disclosures>.

## Disclaimer

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

## Prerequisites for Participation

There are no prerequisites needed prior to participating in this education activity.

## Method of Participation

Participation in this activity consists of reviewing the educational material, completing the learner assessment and evaluation.

## How to Obtain Credit

To obtain credit, complete the assessment, evaluation and submit.

## Release and Expiration Dates

Release Date: 06/28/2022

Expiration Date: 06/27/2025

## Acknowledgement of Commercial Support\*

No commercial support was received in the production of this activity.

## Faculty and Course Director Listing and Credentials

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## Bibliographic Resources

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